

Stowe Personalized Medical Care

3/20/2020 COVID-19 update from Dr. Bisbee

Office Hours: 9:00 to 5:00 Monday through Friday. Office staff and Dr. Bisbee are available to help any patients by phone. We are keeping the office locked but you may call the office if you are not feeling well, need a medication refill or have any questions.

Appointments: Routine and non-emergent office visits are canceled. We will call each patient to discuss by phone. Well visits, such as follow-up for hypertension and diabetes, physicals, and all other routine appointments will be canceled. Arrangements can be made for video or phone visits.

Video conferencing and telephone visits: Arrangements can be made for Dr. Bisbee to do a telephone conference or a video conference.

Urgent or emergency visits: When the patient does not have a cough, fever or cold symptoms, we can arrange for the patient to be seen in the office. We will continue to do PT/INR, in office testing such as urinalysis, and routine blood draw by appointment.

Infection appointments: If you do have a cough, fever, chills, or any signs of cold symptoms, you should call the office or call Dr. Bisbee's cell phone. Many of these things can be taken care of over the phone. If you need to be seen, we will arrange a "car visit" in the parking lot of the office.

General recommendations: Patients should stay at home as much as possible except to go to a grocery store or to pick up your prescription at a pharmacy. Do not have friends and family over for dinner. Stay 6 feet away from another person. Wash hands frequently.

Routine appointments with specialists should be canceled.

Avoid going to the hospital: Routine testing (like mammogram) should be put off until a later date. Routine blood tests can be done at our office. Call the office to make arrangements.

Avoid going to the emergency room: If you have a medical emergency or likely need to be admitted (sign of stroke or heart attack), call 911 and you will be transported in the usual manner. Call Dr. Bisbee if there is a question about the urgency.

Elective surgeries: Dr. Bisbee recommends that elective surgery be rescheduled for a later time.

Dental appointments: should be rescheduled for a later time unless it is a dental emergency.

Avoid going to the gym or any place where you may potentially be within 6 feet of other people. This would include bars, restaurants, schools, AA meetings, church, etc. Walking outside, walking your dog, is an example of a safe activity when done by yourself or your spouse.

Ancillary services: Avoid physical therapy appointments, acupuncture, massage therapy, until a later time. (Most of these offices have already closed).

Testing for Corona Virus: Testing for Corona virus is available when it is medically appropriate. Significant travel history, symptoms of Corona virus (sore throat, cough or fever) or exposure to any known Corona virus patient may indicate that you should be tested. You can call Dr. Bisbee to discuss your particular situation. Do not go to the hospital to get tested without calling Dr. Bisbee. We will make arrangements for you if medically indicated.

House calls: Dr. Bisbee will do house calls and wear protective mask and gloves. If the patient is suspected of having Corona virus, Dr. Bisbee will wear full protective equipment including gown and gloves, a special mask and face shield. Dr. Bisbee will always call ahead to make sure he has what he needs to do your house call.

After hours: All patients of Stowe Personalized Medical Care have Dr. Bisbee's personal cell phone and email and can text or call him anytime they have an urgent medical problem.